

FOR IMMEDIATE RELEASE

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Support Groups Staying Connected During COVID-19

(Honesdale, PA, March 27, 2020)...We're not leaving you hanging! Facilitators of some support groups held at Wayne Memorial Hospital are offering virtual reach to members whose meetings have been canceled due to COVID-19. Some will connect via social media while others are recommending websites to keep members up-to-date on information regarding their specific needs. Group leaders are also sharing phone numbers so members may contact them directly if they simply need to talk.

Information and contacts are as follows:

Stronger Together Support Group will meet virtually via Google Hangouts on Tuesday, March 31, at 6 p.m. In order to join the meeting, download the free Hangouts App to your phone or device. Click the following link to

join https://hangouts.google.com/hangouts/_/calendar/Yy5tLm1hY2Rvd2VsbEBnbWFpbC5jb20.1jtg14qqmioomute46kokco0tk?hs=121

Alanon - call or text 570-470-0710 for information or times of online meetings.

Compassionate Friends - call Sandy Worobey at 570-727-2839 – if in need of support.

MS Support - call June Utegg at 570-253-4855.

Pike County Emotional/Tick Borne Disease Support Group - recommended websites are LymeDisease.org or GlobalLymeAlliance.org. Current members may call Eileen Riley at 862-268-3963.

Survivors of Suicide Loss - call the National Suicide Prevention Life Line at 1-800-273-8255 or contact the crisis line by texting 741-741. The Wayne County Crisis service is operating as usual and can be reached at 570-253-0321.

Wayne Memorial reminds all to practice social distancing to minimize the spread of COVID-19. Visit our website www.wmh.org or call the Community Health Department at 570-253-8990 for the latest in visitor restrictions and access to services.

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